Visiting IPU

There is free parking on site, including dedicated disabled spaces. The car park can become busy in the afternoons, please be respectful of local residents if parking on the road.

Our visiting hours are open, however we suggest visiting between the hours of 11am-7pm; when someone is unwell, long periods of visiting can be tiring. It is helpful to be mindful of this as family and friends and plan your visits.

If you are visiting between the hours of 8am-6pm, please enter via the main reception to be signed in. For security reasons, if visiting outside of these times please visit the IPU out of hour entrance, where you will be let in by a member of staff.

On IPU there are facilities for up to 2 family members to stay overnight with the patient, in their room.

Children are welcome to visit but must be supervised by a responsible adult.

If you wish for your pet to visit, please discuss this with the nurse in charge.

IPU Smoking Policy

There is a designated smoking area for patient use only. Staff are unable to escort patients to smoke, so patients must be able to access this area independently or with support of visitors. We ask that visitors must smoke off site. For security reasons smoking is not permitted overnight.

Food and Drink

Our main kitchen is open from 07:30 -18:30.

Breakfast: from 07:30

Lunch: 12:30 Supper 17:30

We cater for all dietary requirements and our kitchen staff are happy to meet with you to

accommodate requests.

In our 2 family lounges, patients and visitors have access to tea and coffee making facilities, microwaves and fridges to store brought in food and drinks.

Visitors can access the onsite café, this is run by volunteers and usually open between 11:00-16:00.

WIFI

Username: St Peters – Guest Password: SPHGuest2021\$





St Peters hospice is a local charity supporting adults living with a progressive life limiting illness in Bristol, South Gloucestershire and North Somerset.

Our Care

The inpatient unit is a short-stay unit run by nurses and doctors with a wealth of knowledge and skills. We are supported by other teams within the hospice including physiotherapy and occupational therapy, spiritual, social care, complementary therapy and the emotional and psychological support team.

In discussion with you, your care will be either consultant or nurse-led, the criteria for each are as follows:

Consultant-Led Bed:

- Someone needing more intense care to manage physical symptoms and/or emotional, spiritual and social needs that cannot be managed in any other setting.
- Someone likely to need regular review and input from a doctor.

Nurse-Led Bed:

- Someone approaching the last days to 2 weeks of life.
- Someone wishing to die in the hospice.
- Someone not having further lifeprolonging treatment.
- Someone unlikely to need regular review and input from a doctor.

The Inpatient Unit

We have 15 spacious single ensuite rooms, all with large sliding doors opening out on to the tranquil garden. You and your visitors can relax in the privacy of your room or make use of our light and airy lounges, café and outside spaces.

Each morning the clinical teams meet to discuss admission requests. We plan our admissions based on the urgency and complexity of patients' needs rather than how long they have been on the waiting list.

During your admission to IPU we are likely to discuss discharge planning in the event you stabilise after a period of assessment. We are a short-stay unit, which allows more people to access and benefit from our specialised care.

(a) IPU reception

What to expect

What to bring

- All current medications
- Toiletries
- Clothing and nightwear
- Well-fitting slippers or non-slip socks
- Personal items that make your stay more homely (i.e. Photos, books, blankets).
- Electrical items may be brought in but will require PAT testing during admission.

We recommend you leave anything of significant value at home.

We do not provide a laundry service for your own items; you will need to ask a friend or family member to do this.

Food and drink are catered for on site, however you are welcome to bring in favourite snacks and drinks to enjoy. We understand lots of food may be overwhelming so you may have as much or as little as you like.