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# Cycle from Bristol to Paris and enjoy a once-in-a-lifetime adventure whilst raising money for the Hospice.

Last year, a team of **50 cyclists** raised over **£170,000** for patient care, meaning that we can continue to be there for patients when they need us most, in their own homes and on our Inpatient Unit.

#### Why take part?

- **Challenge yourself:** Whether you're a seasoned cyclist or new to the sport, it's an exciting chance to discover what you're capable of.
  - Make new friends: Sign up on your own, with friends, family or colleagues — you're sure to find camaraderie amongst your Bristol to Paris team mates!
- **Discover France:** Experience the peaceful French countryside from a new perspective and enjoy delicious French food at pit stops along the way.
  - **Do something incredible:** Enjoy the priceless feeling of helping others. Collect sponsorship for your ride and support patients and families in your community.

#### What to expect





#### As part of your registration fees, you'll receive lots of support, including:

- Bristol to Paris 2025 cycling jersey
- Nutrition and training advice from BW Cycles before the event
- Fundraising guidance
- Ferry transport to France and Eurostar transport back to England
- Vehicle support from Global Adventures throughout your cycle ride
- Food and drink (from dinner on day one to breakfast on day five)

### stpetershospice.org/bristoltoparis

