

# What are ReSPECT Plus Plans?



We use easy words and pictures  
in this accessible information

# Important words

## Treatment



Treatment is medical support given to a sick or injured person to help them feel better

## Emergency



An emergency is an unexpected and often dangerous situation that must be dealt with quickly

## Lasting Power of Attorney



A lasting power of attorney is someone you have chosen to make decisions for you once you're no longer able to decide for yourself

## Health care professional



A health care professional is someone who has been trained to help you with your medical needs

# What are ReSPECT Plus Plans and how do they work?



ReSPECT means Recommended Summary Plan for **Emergency** Care and **Treatment**.



The plan shows what you want to happen if you need help or **treatment** in an **emergency**.



**What is the difference between RESPECT and RESPECT Plus?**

A ReSPECT Plus plan is just an electronic version of your ReSPECT Plan.



ReSPECT Plus usually has extra information on equipment, medications or help that you may need



This is not a legal document



The plan is made by you and healthcare professionals talking together and writing it down.



Together you talk about what is important to you and what **treatment** options are possible in an **emergency**.



The ReSPECT Plus plan is helpful because it tells doctors and nurses what you want or don't want.



When people are unwell  
**treatment** can make them better



But sometimes a **treatment** will not work or be very painful for a long time afterwards.



It is good to know what you want to happen in case you can't tell the doctors and nurses yourself.



A copy of the ReSPECT Plus plan will be kept in your medical notes and you will also be given a copy.



There are other ways you can make sure people know your wishes.



You could have a **Lasting Power of Attorney**. A lasting power of attorney might be a friend, relative or a professional person, like a solicitor

# Contact Us



## Telephone

Learning Disabilities Team  
**0300 124 5888**

Single Point of Access (SPA)  
**0300 125 6789**



## Website

[www.resus.org.uk/respect/respect-resources](http://www.resus.org.uk/respect/respect-resources)



## Post

Our address is:  
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this accessible information